

# Stroke

We offer  
**FREE consultations.**

## Certification

Our Speech-Language Pathologists are nationally certified by the American Speech-Language-Hearing Association and Minnesota.

## Insurance

Most insurance plans are accepted and flexible payment options are available.



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IMPROVE.

EMPOWER.

RENEW.



A Cerebrovascular Accident (CVA), more commonly referred to as a stroke, occurs when oxygen is unable to reach a part of the brain. This usually results from a blocked or ruptured blood vessel. Symptoms vary widely based on the severity of the stroke and the area of the brain affected.

### Symptoms of a Stroke:

- Paralysis or weakness on one side of the body
- Dysphagia (trouble swallowing)
- Mental and physical fatigue
- Changes in vision
- Impaired attention and memory
- Personality, mood, and behavior changes

### *Left Hemisphere CVA*

- Aphasia:
  - Trouble speaking or finding words
  - Challenges understanding others
  - Difficulty reading and/or writing
- Dysarthria:
  - Facial weakness
  - Unclear speech, slow and effortful speech
- Verbal Apraxia:
  - Difficulty coordinating mouth and speech

### *Right Hemisphere CVA*

- Challenges with planning and starting tasks
- Poor decision making and confusion
- Unaware of physical and mental limitations
- Difficulty with attention and memory
- Trouble interpreting body language and nonverbal cues
- Poor judgment, especially for safety
- Problems with sense of time and direction

Our therapy goes beyond typical expectations.

We offer services that improve functioning, empower individuals, and renew lives.

### Improve life skills:

- Understanding diagnosis and symptoms
- Expression of needs, wants, and ideas
- Understanding others and what is read
- Routines for sleep, meals, and medications
- Problem solving for safety and independence
- Awareness and insight
- Attention and memory
- Swallowing safely
- Speech and social skills

At Progressive Therapy Associates, we help individuals reach their potential. We understand the daily challenges and frustrations. Our customized approach balances both education and support, while developing the functional skills needed for everyday life.